



Nutan Maharashtra Vidya Prasarak Mandal's (NMVPM's)  
NUTAN MAHARASHTRA INSTITUTE OF  
ENGINEERING AND TECHNOLOGY (NMIET)  
Under Administrative Support - Pimpri Chinchwad Education Trust (PCET)



Approved by AICTE

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Affiliated to SPPU

"Samarth Vidya Sankul", Vishnupuri, Talegaon Dabhade, Taluka Maval, District Pune - 410507

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AICTE ID - 1-8618657

AISHE ID - C-41640

DTE ID - 6310

UNIVERSITY ID - CEGP013890

Date 22/01/2020

**NOTICE**

Department: - First Year Engineering

Academic Year: - 2020-21

All FE students of NMIET are hereby informed that, session is Scheduled on 25<sup>th</sup> January 2021 on Health Awareness

Students have to attend Sessions Mandatorily and Make sure that you sign the attendance in this sessions provided by your Class Teacher.

Strict action will be taken against the absent student and pending activity will have to complete.

Principal  
Nutan Maharashtra Institute  
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"Samarth Vidya Sankul" Vishnupuri  
Talegaon Dabhade, 410507

  
Dr.S.K.Rahane

HOD (FE)

  
Event Co-ordinator

	<b>Nutan Maharashtra Vidya Prasarak Mandal's (NMVPM's)</b>	
	<b>NUTAN MAHARASHTRA INSTITUTE OF ENGINEERING AND TECHNOLOGY (NMIET)</b>	
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<b>FE Engineering Department</b>		

## Event Report

**Title:** Health Awareness

**Speaker:** Mrs. Pallavi Chavardol

**Date:** 25/01/2021

**Participants:** FE year students of NMIET

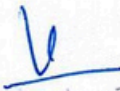
**No. of participants:** 238

**Description:** Health awareness among engineering students is crucial for maintaining overall well-being and academic success. This report outlines the importance of promoting health awareness and provides recommendations for fostering a culture of well-being within the engineering community. Engineering students often face sedentary lifestyles and irregular eating habits due to demanding academic schedules. Awareness about the importance of regular exercise, balanced nutrition, and sufficient sleep is essential for preventing health issues such as obesity, cardiovascular diseases, and sleep disorders. High levels of stress, anxiety, and depression are prevalent among engineering students due to academic pressures and competition. Promoting mental health awareness is crucial for recognizing signs of distress, reducing stigma, and encouraging students to seek support from counseling services or mental health professionals.

**Objectives:** The primary objective of the session is to increase awareness among engineering students about the importance of prioritizing their physical and mental health amidst the academic rigors of their studies

**Outcomes:** The outcomes Participants will have a heightened understanding of the importance of maintaining their physical and mental health while pursuing their engineering studies.

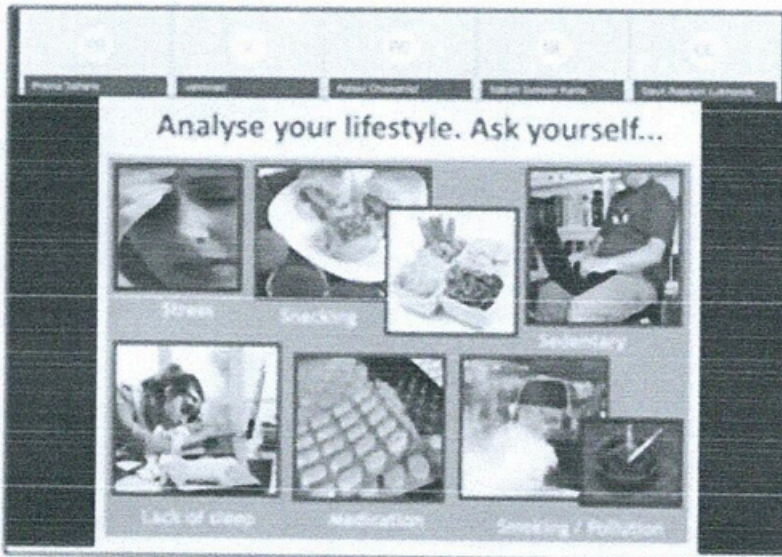


  
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**Photographs:**



25/1/2021 Speaker:Ms. Pallavi Chavardol Session:  
Session on Health Awareness



25/1/2021 Speaker:Ms. Pallavi Chavardol Session:  
Session on Health Awareness



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
H. Shau.  
Event Co-ordinator

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FE Engineering Department		

**STUDENT LIST\_AY-2020-21**

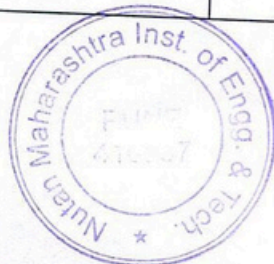
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2	ADHAV PRASAD BHAURAO	P
3	ATAR SAAD NAZIM	P
4	ATHARVA HINDURAO KHADSARE	P
5	BANSAL ISHIKA RAKESH	P
6	BARHATE HIMANSHU BHARAT	P
7	BHALERAO GAURAV ANIL	P
8	BHARAMBE SHIVAM GAJANAN	P
9	BHOR PRATHAM SANDEEP	P
10	BHOSALE KSHITIJ KANTILAL	P
11	BHOSALE PRATHAMESH SANJAY	P
12	BHOYAR VAISHNAVI TUKARAM	P
13	BHUJANGE PRATIK RAJENDRA	P
14	BIRADAR SAKSHI CHANDRAKANT	P
15	BIRJE SAYALI SANJAY	P
16	CHAUDHARI JANHAVI KIRAN	P
17	CHAUDHARI NISHANT JAGDISH	P
18	CHAUDHARI VEDANT RAJENDRA	P



  
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19	CHAUDHARI VIPUL PRAKASH	P
20	CHAVAN YASHRAJ BABASAHEB	P
21	CHOPADE CHETAN SANJAY	P
22	DAHATONDE PRATIK BALASAHEB	P
23	DAKSH WADHWA	P
24	DASAR VAISHNAVI BALKUMAR	P
25	DAUNDKAR POOJA SANTOSH	P
26	DEO AKANKSHA VINAY	P
27	DESHMUKH RUSHIKESH SANDIP	P
28	DESHPANDE ABHISHEK AMBADAS	P
29	DESLE NISHANT SHARAD	P
30	DHARAK KOMAL MAHADEV	P
31	DHAWALE RUSHIKESH RAJENDRA	P
32	DHEKNE YASH RAMESH	P
33	DHOLE MADHUR MANOHAR	P
34	DUBEY PRAYUKTI SANTOSH	P
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36	GADE SHUBHAM SATISH	P
37	GAGAN MATKAR	P
38	GAIKWAD DHANASHRI DASHRATH	P
39	GAIKWAD SHLOK ASHOK	P
40	GAPCHUP SANIYA YOGESH	P
41	GARUDKAR ADITYA YUVRAJ	P
42	GAURI RAJARAM LOKHANDE	P



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43	GAWALI DIPALI ASHOK	P
44	GHOTANE MANASI SAMBHAJI	P
45	GODAGE RAJNANDANI BHARAT	P
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53	JADHAV DEEPAK NANA	P
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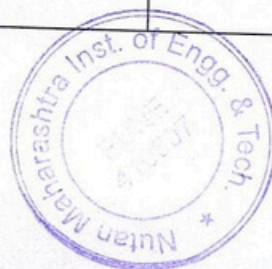
  
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72	MAVALE VAISHNAVI SOPAN	P
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88	PATIL SUJAY KIRAN	P
89	PAWAR YASH SANJAY	P



  
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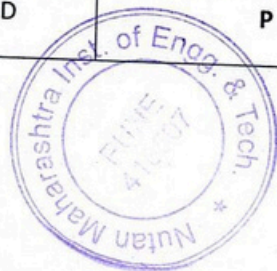
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111	SHIKALGAR SALMAN MUSTAK	P
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113	SHINDE ATHARVA DNYANDEO	P



  
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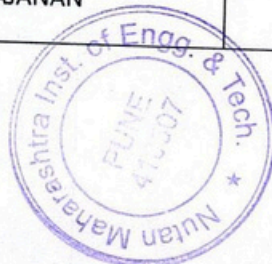


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136	SHINDE ATHARVA SANJAY	P
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162	MANDALE SHRUTI DEVDAS	P
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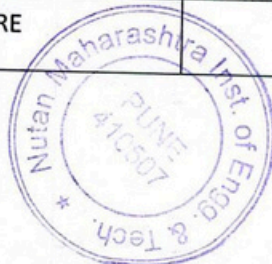
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239	PUJARI RUTUJA SUDHAKAR	P
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221	KHOND VISHAL SURESH	P
222	MRUNMAYEE GADRE	P




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223	PATIL ADITYA SUDHAKAR	P
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227	SHARMA ANSHUL DAYASHANKAR	P
228	WADEWALE PRAMAY BALASAHEB	P
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230	GANATRA GAURAV AJAY	P
231	MANE AKASH KISAN	P

  
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235	PATIL VAIBHAV UMRAOSING	P
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237	PIDURKAR SAKSHI SATYABHAN	P
238	PRINCE KUMAR DWIVEDI	P



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